



OVER 50..... NEED SOME HELP OR INFORMATION?

Wayfinders have a huge list of contacts and information to help older people find out about most things you can think of. Your local Wayfinder can give you information or put you touch with someone who can help

Some of the things we have information about are

- ◇ **Social events and lunch clubs**
- ◇ **Learning opportunities**
- ◇ **Local information**
- ◇ **Public transport**
- ◇ **Getting to the hospital**
- ◇ **Help around the house or in the garden**
- ◇ **Help with forms or letters**
- ◇ **Claiming extra money**

Your Local Wayfinder is

Telephone number

WAYFINDERS Part of the Dorset Partnership for Older People Programme. The Wayfinder project is managed by Age Concerns in Bournemouth and Dorchester **For general information about the Wayfinder Project contact Steve@acbournemouth.org**